

CLASSIC BODY MASSAGE



50 min

80 BGN



Classic massage is one of the most ancient types of massage which relaxes tense muscles (after a hard working day or active workouts) and also restores the functions of all body systems. This massage improves blood circulation and overall tone, strengthens the joints and eliminates pain.

DEEP TISSUE MASSAGE



50 min
95.00 BGN



Deep tissue massage is a type of massage based on skin and skin receptors irritation by the vacuum created in the can. So, for example, when using latex cans for body massage the maximum effect of muscle relaxation is achieved, puffiness in organs with impaired blood circulation is reduced.

Comparing with classic massage deep massage increases the volume of micro-circulation of blood and lymph in tissues in 5-10 times, improves and restores tissue, relieves pain, reduces stress and fatigue and it has a relaxing effect too.

RELAX MASSAGE



50 min
80.00 BGN



Relax massage helps to achieve absolute relaxation of the muscles and brain cells creating a harmony of calm and relaxation between them. That is why this type of massage is considered to be the best for effectively relieving any form of stress. Even if you just feel overworked but you want to continue working on achieving your goals, relax massage will help you. That is why, despite its eloquent name “relax”, in addition to its main function of relaxation, this massage is able to restore the vitality of a person, give him a feeling of harmony and balance, and in the literal sense of the word it can bring the person back to life.

HOT STONE MASSAGE



55 min

95.00 BGN



Stone therapy (stone massage) is a type of massage with hot stones that relieves stress, tension and fatigue. Stone therapy contributes to the achievement of deep relaxation and harmonization of the internal state. The massage is done with volcanic rock stones which contain a huge amount of useful properties of mountain minerals.

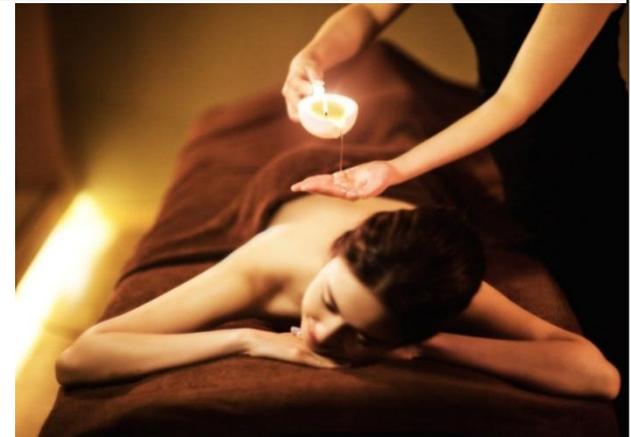
Volcanic rocks combine the energy of four elements: living fire, water from crystal clear springs, mountain air and deep layers of the earth which were formed under the influence of a volcano for millions of years. The treatment begins with an aromatic oil applied to the skin which together with the smooth surface of warm stones acts on the skin, rejuvenating and moisturizing it.

Stones are put in a certain order along the spine so that the body begins to relax gradually. Depending on the size of the stones they are laid out on the active points of the whole body warming them up. Then the body is massaged. The massage starts from the feet and then goes to the legs, thighs, arms, neck and shoulders. Due to the heat of the stone the massage promotes the rapid elimination of toxins and degradation products through the skin, strengthens the immune system, improves blood circulation and metabolism.

AROMA MASSAGE



55 min
95.00 BGN



Using the power of pure aromatic oils aromatherapy affects the sense of smell and emotions, restores the harmony of body and soul. Currently, there are about 200 different essential oils that have a therapeutic effect without any by-effects when properly used.

Each oil has its own set of properties and our experts will help you choose the oil individually for everybody. Thanks to the aroma massage you will regain a balance, free yourself from negative emotions (fear, sadness, anger), improve your health and mood. Before the massage it is advisable to visit the sauna, make a peeling to cleanse the skin, open the pores and improve the absorption of healing oils.

BACK MASSAGE



25 min
50.00 BGN



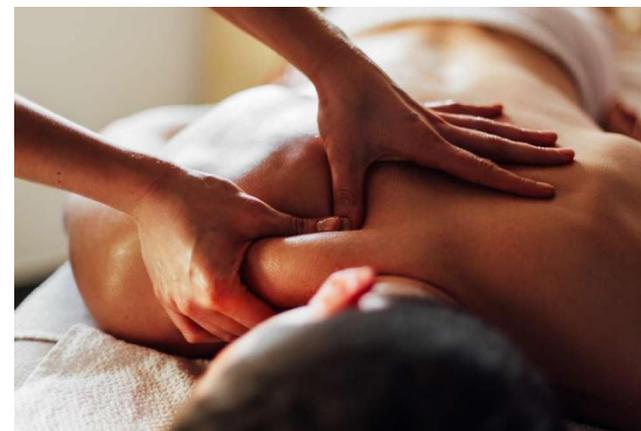
Back massage is a unique massage with which you can achieve and increase the blood flow to the muscles which are located along the spine and are attached to the vertebrae and shoulder blades. When exposed to these muscles muscle knots and bumps which are caused by metabolic disorders and prolonged muscular load are eliminated. During the procedure the entire spine is heated, stretched, the flexibility of the entire shoulder girdle and the increase in blood flow increases.

DEEP BACK MASSAGE



25 min

60.00 BGN



Deep massage of the back muscles involves intense stimulation of the muscles located deep in the muscle corset. The technique is a strong pressure of hands on certain areas of the back. The massage can often cause discomfort and pain, compared to a traditional relaxing massage since the pressure during its implementation is usually much stronger and more intense. Such pressure is carried out as a method aimed at releasing tension in the muscles in the most "hard to

reach" places in the human body purposefully. Initially some pain and discomfort during the massage are possible but this is quite normal and helps in the healing process.

RELAX FACE MASSAGE + CHOCOLATE DREAM MASK

 A close-up photograph of a woman lying down with her eyes closed, receiving a facial massage. Her hands are gently cupping her face.	<p>50 min</p> <p>85.00 BGN</p>	 A photograph showing a woman's face with a thick, dark chocolate mask being applied to her cheek by a hand using a brush. In the background, there is a tray with various spa items and a bowl of the mask.
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This is an exotic procedure with a stunning cosmetic effect which is based on the amazing property of cocoa that forms the basis of chocolate. Uplifting and rejuvenating, toning and relieving stress it will cleanse your face and nourish it with energy through massage. Magic chocolate hugs will delight you and give strength for a long time after the procedure!

PARAFFIN THERAPY



90 min
150.00 BGN



Paraffin therapy is a process of tissue detoxication and rejuvenation due to the paraffin work. Paraffin therapy is used as relax and treating procedure. Paraffin therapy is also actual when a cream cannot give a necessary quantity of vitamins and moisturizing elements as paraffin works more deeply and effectively. We can propose you two types of paraffin therapy: hot and cold. If you have any cardiovascular diseases, diabetes, hyperpiesia, varicose veins, wounds, allergic reaction, a rash, fissures or individual paraffin intolerance then we can recommend a cold paraffin therapy.

LIFTING FACE MASSAGE + MASK HYALURONIC COMPLEX

	<p>50 min</p> <p>95.00 BGN</p>	
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Lifting face massage is a deep work on muscles, it will give you a feeling of lightness and relieve tension. Lifting massage improves lymphatic drainage and relieves swelling, stimulates facial muscles and relieves clamps. After a course of modeling massage, the facial contour is tightened; the traces of gravitational aging are smoothed. The hyaluronic moisturizing mask contains an active complex that promotes the retention of transdermal moisture and creates a long-lasting moisturizing effect. The tool moisturizes the skin deeply, permanently preserving its water reserve. The mask complements the face massage perfectly.

The main purpose of lifting massage is the forms correction, the muscle tone return and skin smoothing.

SENSITIVE SKIN THERAPY



50 min
80.00 BGN



A facial massage with brushes is a recipe for desensitization: the fight against rosacea, redness and skin reactivity. The technique is aimed at relaxing the muscles of the face, improving its appearance. In addition, it perfectly solves the problem of removing puffiness from the face. Soft and thin villi are able to affect the muscular, vascular and nervous systems of the body. The mask for sensitive skin is a source of antioxidants, vitamins and valuable trace elements. It is easily absorbed by the cells, replenishes moisture balance and increases skin resistant abilities. After applying it the face becomes fresh and rested, the color evens out, redness disappears.

CHOCOLATE THERAPY

(face massage + mask + body peeling + wrapping)

	<p>60 min</p> <p>115.00 BGN</p>	
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Undoubtedly the most delicious cosmetological procedure is chocolate therapy. The first step of procedure is a gentle coffee peeling. The following step is a chocolate wrapping when a thin layer of melted chocolate is applied on the whole body. The warm bitter delightful fragrant is a real realization of a childhood dream. Then the body is covered with an overwrap so that the sweet mixture does not dry out. In such an appetizing way you are in a room with dim lights and quiet music. Meanwhile, the master puts a chocolate mask on your face. After half an hour you should take a shower and wash off all the chocolate. Than you will find out that the body has become tender and surprisingly pleasant to the touch, and the skin has acquired a golden hue. No creams or oils are required after this.

PHYTO PEELING MASSAGE - Massage with herbal bags



55 min
130.00 BGN



Herbal bag massage is an excellent anti-stress and soft peeling procedure which is used to penetrate the beneficial ingredients from the herbal collection into the body. Relaxing phytomassage with hot herbal bags has an impact on the physical and mental health of the client. At the physical level phytomassage increases energy, alleviates the symptoms caused by stress, relieves muscle pain, improves skin condition, making it soft and elastic. Due to the harmonizing effect on the psychological state, massage with herbal bags restores composure, relieves overexcitation.

INFRARED THERAPY + BODY PEELING

	<p>30 min</p> <p>60.00 BGN</p>	
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We invite you to start your journey to perfection using renewing and relaxing body peeling procedures. Just 30 minutes of your time and you will feel like a real queen! Natural ingredients, pleasant textures and subtle aromas make the peeling not only useful but also a very pleasant relaxation procedure. The skin of the body becomes smooth, even and elastic.

You can order a peeling on the massage table (in our massage rooms) and also while relaxing in our SPA areas under an infrared lamp.

COFFEE PEELING + CHOCOLATE WRAP

	<p>50 min</p> <p>70.00 BGN</p>	
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Chocolate wrap is not only useful but also an incredibly pleasant procedure. It has been proven that chocolate wraps are excellent for relieving stress, causing a surge of strength and uplifting. After chocolate exposure the skin is perfectly cleansed, pigment spots and acne disappear. As a result of chocolate wrappings the shape and weight are also adjusted.

Caffeine contained in the chocolate speeds up the metabolism significantly. Chocolate wraps give a pronounced anti-cellulite effect. This is due to the stimulation of the production of collagen and elastin which tighten, rejuvenate and strengthen not only the skin but also the entire body. The chocolate procedure also removes excess fluid and toxins from the body. Before the wrap you should make coffee peeling to clean the skin, open the pores and improve the absorption of chocolate.

MUD THERAPY

	50 min 80.00 BGN	
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Therapeutic muds are saturated with organic, inorganic substances, gases, micro and macro elements, biologically active substances. These substances stimulate the immune system, helping in the treatment of various diseases. Mud applications are used to treat the peripheral nervous system, musculoskeletal system and skin. Mud therapy affects metabolism, improves microcirculation, eliminates edema, cicatricial changes, activates recovery processes and the effect has a longer period.